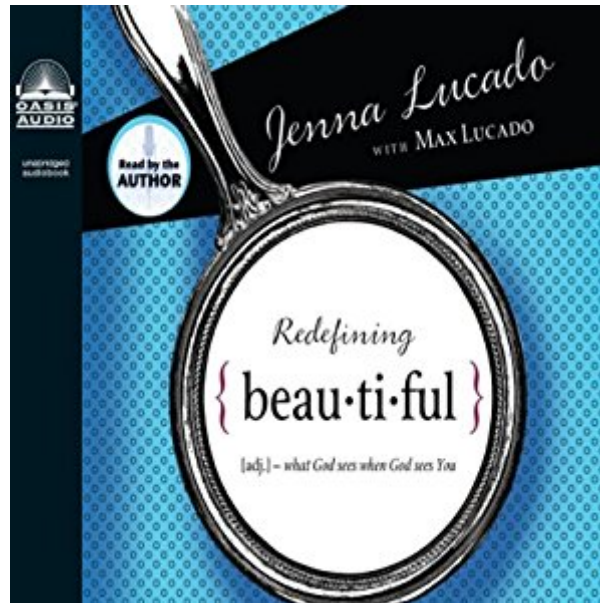


The book was found

Redefining Beautiful: What God Sees When God Sees You



Synopsis

What every girl needs to have the perfect look! Let's talk, really talk about fashion, about friends, about boys, about life. Along the way, we'll uncover essential beauty secrets to help you sparkle with confidence and joy. In *Redefining Beautiful*, Revolve® speaker Jenna Lucado teams up with her dad, best-selling author Max Lucado, to offer teen girls a new vision of themselves and a new definition of beauty. Through candid discussions about real issues from self-esteem and dating to broken families and abuse, Jenna reveals a foundational beauty secret: a father's love. And whether a girl comes from a home with a devoted father, or a home where that is only a dream, Jenna brings hope as she helps girls discover that they already have the perfect Dad. --This text refers to the Audio CD edition.

Book Information

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Customer Reviews

When I received the book, I expected the theme to be along the lines of, "Christians shouldn't think of beauty the way the world does, we should be modest and less concerned about appearances." While all this is true, I was pleasantly surprised that Miss Lucado went further than this. When she talks about "redefining beautiful" she really wants girls to think about what really makes a girl beautiful - what's on the inside. She calls these things on the inside which make girls beautiful "Life Accessories," such as "Security - trusting that no matter what, we have a God who loves us" and "Peace - in believing God is in control." These life accessories are what makes us attractive to others no matter what kind of clothes we wear. The most important theme of her book is that the

foundational beauty secret is a father's love, both earthly and heavenly. A girl with an earthly father who shows his daughter love, spends time with her, and teaches her to love God will be infinitely more likely to be filled with these life accessories. But even a great earthly father isn't perfect, and ultimately we all must look to our heavenly father as the source of our inner beauty. Miss Lucado also points out that this is even more important for girls whose dads are either non-existent or are abusive. She also touches on boys, friends, authority figures, and modesty. I appreciated her approach to the modesty issue. It's easy to make a list about what is acceptable and what isn't, but she encourages her reader to think of two things when dressing: would God approve and will it tempt boys to think about things they shouldn't.

I was recently sent a copy of the book *Redefining Beautiful: What God Sees When God Sees You* by Jenna Lucado and her dad, renowned author Max Lucado. Jenna relates to the reader by sharing stories of her teen years and empathizes with the reader. She discusses boys, friends, and the way the media portrays young women. While the book is designed for tween and teenage girls, as an adult woman, I also found great value in it. The book speaks to the reader as a friend and even has spaces for the reader to record thoughts and feelings in response to questions asked by the author. Jenna talks about the pressures of friends, boys and even media to look a certain way. She talks about the need for a strong relationship with your father. But wait...there are lots of girls today who do not live with their fathers, or have fathers who are emotionally distant or abusive, and some who do not even know who their fathers are. Does this mean they are doomed to never feel beautiful? Absolutely not! Jenna goes on to explain that our Heavenly Father loves us as we are. She encourages the reader to focus on what He finds beautiful in each of us and to let that define how we see ourselves. We can constantly be improving our physical look through diet and make up, but even those who are deemed most beautiful by the world, are often unhappy with their looks. True beauty can only come from within and this book does a great job of helping young girls to realize this. It acknowledges a young girl's desire to be viewed as popular and attractive, but it gently reminds the reader that as a daughter of God, she will always be beautiful in His eyes. I recommend *Redefining Beautiful: What God Sees When God Sees You* for any young woman who has even the slightest relationship with God.

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